THE GRACEFUL GLIMPSES

JEEVODAYA SOCIETY
ENSURING HOLISTIC CHILD DEVELOPMENT

MONTHLY NEWSLETTER ISSUE-10_ OCT. 2026

"Quality Home, Strengthening Community Participation in Child Protection"





जीवन में शिक्षा और मेहनत का महत्व

आपकी ज़िंदगी में पढ़ाई सिर्फ अच्छे अंक लाने के लिए नहीं है, बल्कि अपने जीवन को बेहतर बनाने, अपने सपनों को पूरा करने और एक अच्छा इंसान बनने का रास्ता है। आज आप अपनी किताबों को जितना समय देंगे, कल आपकी ज़िंदगी आपको उतने ही बेहतर अवसर देगी।

कुछ बातें हमेशा याद रखना चाहिए:

- आज की मेहनत, कल की सफलता की नींव है।
- किताबों से दोस्ती कर लो, सफलता खुद आपसे दोस्ती करने आएगी।
- हर दिन कुछ नया सीखने की कोशिश करो, क्योंकि सीखने की कोई उम्र या सीमा नहीं होती।
- असफलता से कभी मत घबराना, क्योंकि हर गलती हमें कुछ नया सिखाती है।
- समय की कद्र करना सीखो, क्योंकि बीता हुआ समय कभी वापस नहीं आता।
- दूसरों से मुकाबला करने के बजाय, हर दिन खुद को पहले से बेहतर बनाने की कोशिश करो।
- बड़े सपने देखो, लेकिन उन सपनों को पूरा करने के लिए रोज़ मेहनत भी करो।

याद रखिए: आपकी मेहनत, आपका आत्मविश्वास और सीखने की इच्छा ही आपको जीवन में आगे बढ़ने की ताकत देते हैं। आज से ही शुरुआत करें, क्योंकि आपका उज्ज्वल भविष्य आपके आज के प्रयासों पर निर्भर करता है।

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English Translation of the message in the front page

The Importance of Education and Hard Work in Life

Education and hard work are two of the most important things in our lives.

Studying is not just about getting good marks; it is a pathway to building a better life, achieving your dreams, and becoming a good human being. The more time and effort you devote to your books today, the more opportunities you will create for yourself in the future.

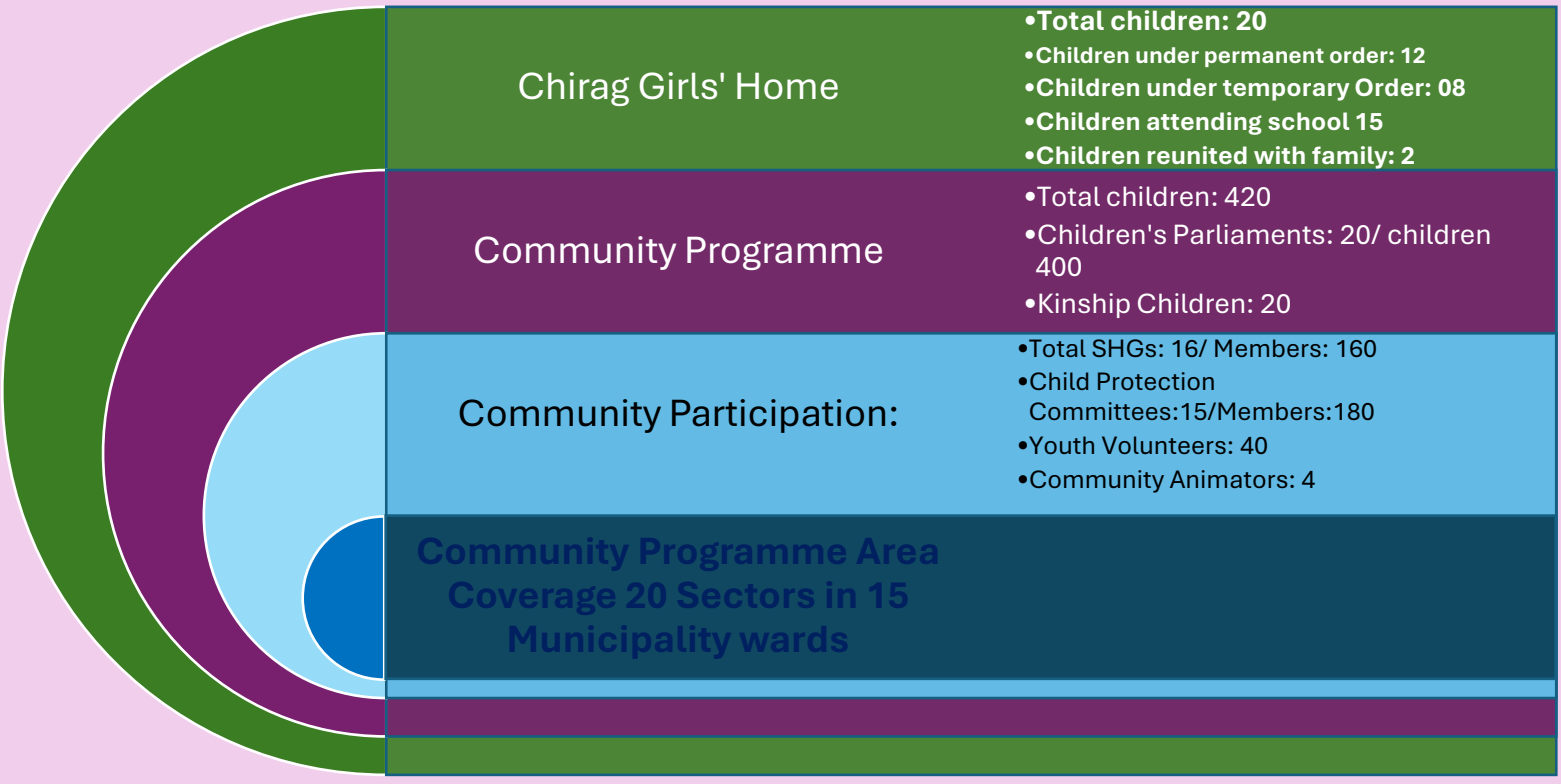
Some important things we should always remember:

- Today's hard work is the foundation of tomorrow's success.
- Make books your friends, and success will eventually become your companion.
- Try to learn something new every day, because there is no age limit or boundary to learning.
- Never be afraid of failure, because every mistake teaches us something new.
- Learn to value time, because once time is gone, it never comes back.
- Instead of competing with others, try to become a better version of yourself every day.
- Dream big but remember to work hard every day to turn those dreams into reality.
- **Remember, education shows you the right path, and hard work gives you the strength to move forward on that path. Your efforts today will shape your bright future tomorrow.**

THE POP UPS OF OCTOBER 2026.

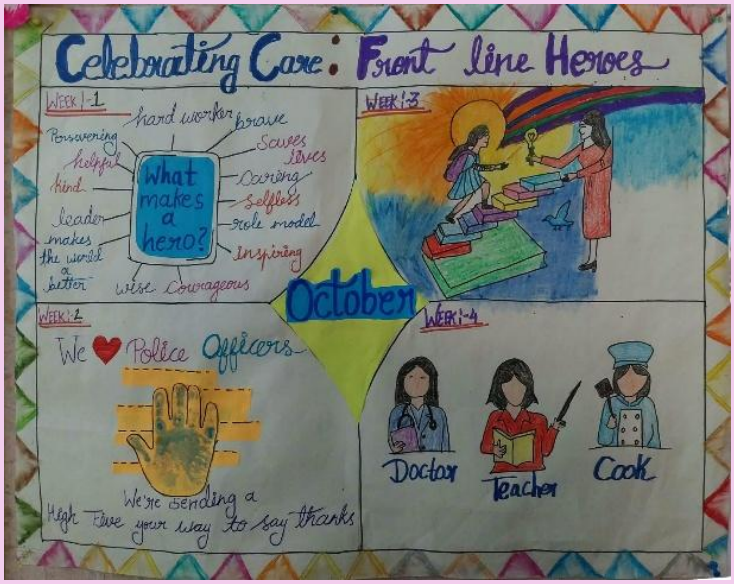


Monthly Highlights: October 2026



Celebrating Care – Frontline Heroes

Throughout month October 2026, children explored the theme **"Celebrating Care: Frontline Heroes,"** focusing on the inspiring individuals who dedicate their lives to protecting, helping, and caring for others. Through four weeks of discussions and interactive activities, children learned about the lives and



contributions of doctors, nurses, police personnel, firefighters, sanitation workers, and other community helpers. They discovered the values of courage, compassion, honesty, dedication, and selfless service that make these individuals true role models. The theme encouraged children not only to admire these heroes but also to learn from their qualities and bring kindness, responsibility, and helpfulness into their own lives. The key learning was that a hero is not defined by fame or recognition, but by the positive difference made in the lives of others.

Jeevodaya Society -Chirag Girls Home Organized "Swachhta Hi Seva" Activities

"Swachhta Hi Seva" campaign which was started on 17 September 2026 ended on 2nd October 2026, on the Birthday of the Mahatma Gandhi, the father of the Nation. Childre participated actively in programmes such as cleanliness drives, poster-making competitions, plantation drives, home cleaning, Best Out of Waste activities, awareness sessions, essay and poem writing, and Shramdaan at SPARC and showcased their creativity, teamwork, and sense of responsibility. Through these initiatives, children learned the importance of proper waste disposal, personal hygiene, environmental protection, and keeping their surroundings clean. Winners of the poster-making activity were appreciated and encouraged with gifts.



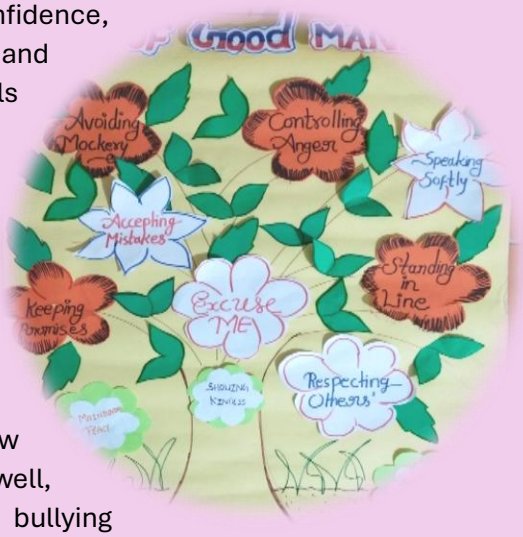
The activities also helped develop leadership, discipline, cooperation, creativity, and community responsibility among children. The initiative successfully conveyed the message that cleanliness is not just a campaign but a daily responsibility of every individual.

Empowering Children through Self-Confidence and Positive Thinking

An interactive session on "Self-Confidence and Positive Affirmation", was facilitated by Mr. Dilip Kumar, Programme Manager (PM). The session focused on helping children develop self-confidence, positive thinking, and belief in their own abilities. During the session, children were introduced to a motivational song and Mr. Dilip explained its meaning and inspirational message, encouraging children to share their thoughts, feedback, and key learnings. The discussion helped children understand the importance of positive affirmations, self-belief, and maintaining a positive attitude in everyday life. Children actively participated in the session and reflected on how positive thinking can help them overcome challenges and achieve their goals, believing in themselves and recognizing their own strengths. Message of the Day: **"Believe in Yourself, Think Positive, and Achieve Great Things!"**.



One the same note a training was conducted on **“Leadership and Good Manners”** to develop leadership, teamwork, self-confidence, good manners, and problem-solving skills among children. Through an engaging role-play activity based on travelling to school, children explored real-life challenges such as a bicycle puncture, a fellow member feeling unwell, and handling bullying situations.



Children learned the importance of helping others, respecting one another, speaking politely, being disciplined, showing kindness, and making responsible decisions. The activity also encouraged teamwork, empathy, and positive behaviour.

Growing Green, Growing Together!

Plantation and Gardening Activity facilitated by Sister Clara, Director, to develop environmental awareness and a love for nature among children. During the activity, Sister Clara explained the process and importance of planting and replanting, along with the need to care for plants. Children were divided into three groups and actively participated in carefully removing plants from the soil and replanting them. The hands-on activity helped children understand the importance of protecting nature while developing practical gardening skills, teamwork, cooperation, and responsibility towards the environment. Children enjoyed the activity and learned that caring for plants is an important step towards creating a greener and healthier environment.

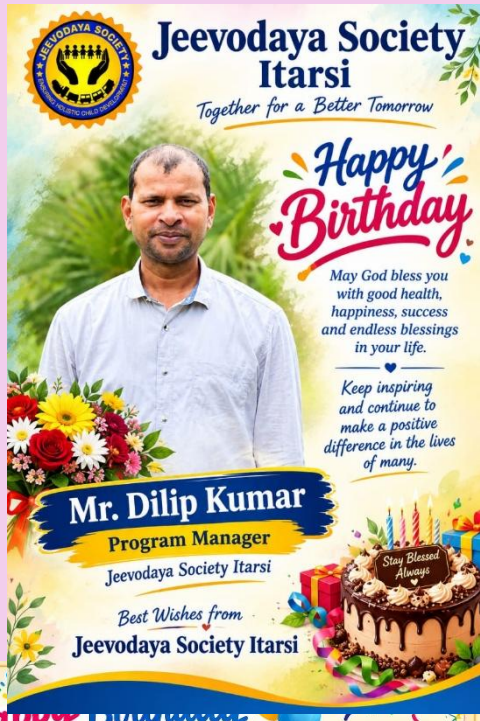
Dussehra Celebration

The children of Jeevodaya Chirag celebrated the festival with great enthusiasm and joy. A short drama was performed, highlighting the victory of good over evil and explaining the importance of Dussehra. The children also participated in an activity in which they wrote their negative qualities and bad habits on paper and symbolically burnt them. Through this activity, they learned that true victory over evil comes not only from burning paper but also from removing negative thoughts and habits from within ourselves. The children took a pledge to give up ego, jealousy and anger, speak politely, respect everyone and treat all people equally. The celebration was a meaningful learning experience that inspired everyone to follow the path of goodness, kindness and truth.

A Day Filled with Love, Laughter and Togetherness!

Chirag Girls Home joyfully celebrated the birthdays of Mr. Peter Lasrado, Assistant Director and Mr. Dilip Kumar, Programme Manager, at the Child Care Institution (CCI). Mr. Peter is a loving, caring, and inspiring personality who shares a special bond with the children. His excellent training skills and leadership makes him a wonderful role model.

Mr. Dilip is also equally appreciated for his hard work, dedication, and sincere commitment to his responsibilities. The celebration was filled with joy, laughter, and cheerful moments. Children and staff enjoyed a special short programme along with delicious food, making the occasion even more memorable. It was a beautiful celebration of togetherness, appreciation, and happiness.





Heartiest Birthday Wishes to

Mr. Peter Sir (AD) and Mr. Dilip Sir (PM)

SPARC: Community Programme Highligts

Cleanliness is Service: Grand Awareness Rally Organised by Jeevodaya Society

On the auspicious occasion of the birth anniversary of Father of the Nation Mahatma Gandhi, a grand and inspiring 'Cleanliness Awareness Rally' was organised under the aegis of Jeevodaya Society (SPARC), starting from Bhagat Singh Nagar and concluding at Gwal Baba, Itarsi, with active participation from various sections of society. This special event saw a total participation of 112 people, including CP (Children's Parliament) children, along with Self-Help Group (SHG) women, Child Protection Committee (CPC) members, youth leaders, Anganwadi workers, and municipal staff who participated with full energy. During the rally, immense enthusiasm and zeal were clearly visible among the children as they raised slogans for cleanliness and carried awareness hoardings and placards displaying various cleanliness messages to explain the importance of sanitation to citizens along the route. The main objective of this rally was to spread the message of sanitation by following the ideals of Mahatma Gandhi. At the conclusion of the event, all children, youth, and participating members took a collective cleanliness pledge to always keep their surroundings clean, making the program a grand success with the support of the municipality and local citizens.



Itarsi City Will Become Child-Friendly: 50 Child Safety Flex Banners Installed with a Commitment to a Safe Childhood

In the direction of making Itarsi a true 'child-friendly space' (child-friendly ward/area), a very significant and commendable initiative has been undertaken by Jeevodaya Society. A total of 50 child safety flex banners have been installed at various prominent locations across the city by the organization's staff with the objective of ensuring children's rights, safety, and protection. These banners have been specially placed in vital public spots, including the government hospital, railway station, GRP police station, government schools, government Anganwadi centers, police stations, and all other major public areas. The main objective of these flex banners is to spread public awareness, and they clearly display crucial child safety messages along with the Child Helpline 1098 for immediate assistance in any emergency situation. This unique initiative by Jeevodaya Society will prove to be a milestone in creating a safe environment and making every ward child-safe in Itarsi city, ensuring that children receive immediate security and help during times of distress.



A Major Initiative Towards Better Health and a Well-Nurtured Future for Kinship Children: Kinship Children Provided Nutrition Support for the Second Time

Continuous and significant steps are being taken to ensure the health, nutrition, and overall development of kinship children. As part of this commitment, a special nutrition initiative was organized during October for kinship children under the Kinship Program. Under this program, the height and weight of a total of 20 kinship children were measured at Anganwadi centers. Additionally, to assess the impact and health progress of the previously provided nutritional support, 7 identified kinship children—who were found to be below normal weight—underwent a re-measurement of their weight. To support continuous physical growth and improvement in their nutritional status, nutrition powder was provided to these 7 kinship children for the second time. The primary goal of this initiative is to eradicate malnutrition among kinship children, systematically improve their BMI and nutritional levels, and offer the necessary supplementary nutrition required for their healthy growth.

Various Government Departments Unite on a Single Platform for Child Safety and Holistic Development: Multi-Stakeholder Training Organized by Jeevodaya Society

A one-day Multi-Stakeholder training program was successfully organized by Jeevodaya Society on October 14, 2026, with the objective of accelerating child rights protection, safety, and overall development. The key resource person for this important workshop was the organization's Assistant Director, Mr. Peter Lasrado. He delivered a detailed and effective training session to multi-stakeholders from various government departments on the topic **"Role of Service Providers in the Holistic Development of Children".** The program commenced with a welcome address by the organization's Director, Sister Clara, during which she shared the organization's objectives, mission, and vision with the present multi-stakeholders. Following this, a total of 47 representatives—including Anganwadi workers, ANMs,



ASHA workers, RPF, SJPU, sector supervisors, animators, and organization staff—actively participated in the training session. During the workshop, Mr. Lasrado emphasized health, safety, education, and a rights-based approach for children, while highlighting the need for mutual coordination and prompt action among all service providers to ensure a safe and child-friendly environment for the children of Itarsi

Women's Economic Empowerment: Special Entrepreneurship Training Organized for SHGs

With the objective of making women economically self-reliant and providing them with new self-employment opportunities, a special training program was organized by Jeevodaya Society on October 15, 2026. The main theme of this workshop was **"Small Business and Entrepreneurship,"** which saw enthusiastic participation from a total of 35 women leaders, secretaries, and treasurers representing 16 SHGs (Self-Help Groups). The program was facilitated by Ms. Priyanka Malvia, a resource person and successful entrepreneur running her own business under the name 'Artshala', while the welcome address was delivered by Project Coordinator Ajay Choudhary.



During the training, detailed discussions were held on identifying local business opportunities, customer needs, business planning, cost calculation and pricing, and marketing methods to strengthen women's livelihoods and successfully operate small business models. Women were taught how they can start small domestic and cottage businesses based on their art and skills, such as cloth bags, papads, pickles, spices, and tailoring services. Additionally, Ms. Malvia explained practical ways to advance their businesses through financial management, maintaining daily transaction records in a diary, and utilizing government schemes (such as DAY-NRLM, Mudra Yojana, etc.). This initiative by Jeevodaya Society is proving to be a milestone in bringing positive changes to the lives of women in the region and transforming them into self-reliant entrepreneurs.

Jeevodaya Alumni Meet – October 2026

Jeevodaya Society organized an Alumni Meet on 17.10.2026 at Samman Organization, Bhopal, bringing together 35 participants, including alumni, staff members, and resource persons, to reconnect and celebrate their journeys. The programme began with a prayer led by Mr. Bhurelal, followed by two minutes of silence in memory of the departed alumni, Sanjana Pandit and Aakanksha Mahi. Sr. Clara warmly welcomed everyone, while Fr. Alwin, Director of Samman Organization, appreciated Jeevodaya's commitment to transforming children's lives and encouraged the alumni to build meaningful futures. Mr. Ankit Banke from Udayan Care conducted an engaging career guidance session titled **"Stronger Wings, Stronger Future,"** motivating alumni to recognize their strengths, develop skills, explore career opportunities, and plan their professional growth. Mr. Vijay Yadav from Arambh Organization, Bhopal, facilitated a practical session on documentation, focusing on Aadhaar-related processes, essential identity documents, and ways to overcome documentation challenges faced by young people from Child Care Institutions. Following the sessions and lunch, an interactive ice-breaking activity provided an opportunity for alumni to introduce themselves, share their current lives, careers, and experiences, and reconnect with one another. Mr. Dilip Kumar, Programme Manager, proposed the vote of thanks, expressing gratitude to Fr. Alwyn, the director of Samman Organization for providing the venue and necessary facilities, while Sr. Clara appreciated the alumni for their active participation and enthusiasm. The gathering concluded with a joyful dance, a group photograph, and refreshments, leaving everyone with happy memories and strengthening the lasting bond between Jeevodaya Society and its alumni.



SUCCESS STORIES

Facing Difficult Circumstances, 6-Year-Old Shreya Receives the Opportunity for a Bright Future

Nadi Mohalla, Itarsi (Madhya Pradesh): Recently, during October 2026, a highly inspiring case came to light in Nadi Mohalla, Itarsi, where 6-year-old Shailaja Kumari (Name Changed)—struggling against difficult circumstances—received a new direction and an educational opportunity through the collective efforts of the Child Protection Committee (CPC). Shailaja has lost her mother, and her father has been imprisoned for nearly past two years. The family's financial condition was so deplorable that her 75-year-old grandmother was forced to beg to sustain the child. Due to the lack of essential documents like a birth certificate and an Aadhaar card, Shailaja's enrollment in school could not take place, casting a shadow over her future. Taking cognizance of this serious situation, the members of the Child Protection Committee took immediate initiative and, through mutual cooperation and solid efforts, got both Shailaja's birth certificate and Aadhaar card made. As soon as these essential documents were prepared, the doors of the school opened for Shailaja, and she has received the opportunity for a bright future, enabling her to step forward toward a new and positive beginning in her life.

Children's Voices

My name is Chetan, and I live in Bhagat Singh Nagar, Itarsi. I am 13 years old. I was included in this initiative under the 'Kinship Care' scheme of Jeevodaya Society. The society's team provided me with a nutritional powder to drink, which I consumed regularly, and I saw a lot of growth in myself. Seeing the changes in my body and the difference in my weight, the society supported me by giving me the nutritional powder a second time. My mother herself says that my body weight has now increased and my health has improved significantly. I and my family express our heartfelt gratitude to Jeevodaya Society for this help and care.

Chetan Kumar, Bhagat Singh Nagar **(**Kinship Child)

My experience of flower pot replanting

My name is Sanjana. Today, I would like to share my experience of flowerpot replanting, which I like the most among all the activities. I like flowers and plants very much. I really enjoyed this activity because I got an opportunity to plant different types of flowers and plants in pots. We should all take part in such activities and learn to love and care for nature. Nature gives us oxygen to breathe and everything we need to live. We should also give something back to nature by planting more trees and plants, saving water and keeping our surroundings clean. We should not cut trees. Instead, we should grow more and more trees to save our environment and protect our future.

By: Sanjana

My Experience with Computer Technology

I like computer technology very much because it helps me in my studies and makes learning easier and more interesting. Through computers, I can understand important questions and answers in a better way. I also get help in preparing study materials, making files, completing my Homework, and learning many new things. Currently, I am also preparing for the Economic Olympiad with the help of a computer. It helps me improve my knowledge, understand difficult topics, and prepare well for my exams.

By Anita Singh

Swachh Bharat Abhiyan: My Learning, My Responsibility

My name is Khushi. Among all the activities conducted in the month of October, I liked the Swachh Bharat Abhiyan the most. Through this activity, I learned why cleanliness is important and why we should keep our surroundings clean. We should not throw garbage here and there. We should also take the initiative to collect waste from our surroundings and keep our environment clean. The first step towards this campaign was taken by our Prime Minister, Shri Narendra Modi Ji. We should also take inspiration from him and maintain cleanliness in our daily lives. We should not only keep ourselves and our surroundings clean but also create awareness among others. Cleanliness is very important for becoming a responsible citizen and for the development of our country. Therefore, we should make cleanliness a part of our daily lives.

Khushi Thakur

Trainings & Seminars- Oct. 2026

Monthly Review meeting: 5 Oct 2026,	• Special Focus was on Completion of Year 1 Project implementation
Children's Parliament Leaders Training	• On October 25, 2026, 36 participants attended a leadership session on "Problem Identification & Resolution" to build practical community problem-solving skills.
SHG Leaders Training	• On October 15, 2026, in Itarsi, a specialized workshop on "Entrepreneurship and Small Business Management and financial planning" was Organised for 35 SHG leaders.
Animators Capacity Building Training	• On October 28, 2026, animators received specialized training on the "SHG Concept" to strengthen the management of community activities.
Multi-Stakeholder Training	In October 2026, a multi-stakeholder training program was conducted with the participation of 45 representatives from various departments and stakeholders to enhance coordination and collaboration on child protection and welfare issues.
Psychosocial Support Session	• In October 2026, psychosocial training sessions were conducted to support the mental health and emotional well-being of kinship care children and their families.
Child Rights Awareness & Flex Banner Campaign	In October 2026, 50 child rights flex banners were installed across 15 wards and key public venues to boost community awareness

Upcoming Events and Trainings – Nov-2026

- 03/12/2026 Monthly Review and Planning
- "Bachchon Se Dosti" week Campaign & Public Institution Exposure Visits From 9th to 14th November 2026:
- Children's Day Celebration: 14th November_ Rally on bachpan Bachao and stop Child Labour
- Programme Orientation: 2026-2719 Nov. 2026
- Animatpors Capacity building training 28 Nov. 2026

JEEVODAYA'S COMMITMENT

We continuously strive to maintain a safe, accountable, and child-friendly environment.

Expression of Gratitude

We the Jeevodaya family express our heartfelt gratitude to:

Our donors and well-wishers
District Child Protection Department
Local schools and healthcare partners
Our dedicated staff and volunteers

Your collaboration makes our work possible.... Thank You

Kinship Care: An Appeal

In our work area, there are a number children who are in need of support for their education and health & Nutrition care; if you wish to participate in making the life of a child brighter by supporting with Rs. 10,000 /- annum under Kinship Care, please contact us. We highly value your contribution.

Contact Us:

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